## EASTLANDS SPRINT SCHOOL OFF TRACK ACTIVITIES

	WATT BIKES	SKILLS SUMO- FUNNELS- LIMBO -ROLLER RACING
GROUP 4	10.00 -11.10	11.15 until 12.30
GROUP 3	11.20 -12.30	10.00 until 11.15
GROUP 2	1.30 - 2.40	2.45 until 4.00
GROUP 1	2.45 – 4.00	1.30 until 2.40